LUPTON LIBRARY ONLINE RESOURCES
The following databases are available from http://www.lib.utc.edu/electronic-resources.html.

- Agricola
- Academic OneFile
- Omnifile FullText Mega Edition
- Health Reference Center Academic
- General Science Full Text

Books on Food History, Science and Technology:

  Provides the history and culture of food and drink around the world.

- The Encyclopedia of Food and Drink in America (Reference Stacks: TX349.E45 2004)
  Explores the significance and history of food and drink in America.

- Encyclopedia of Junk Food and Fast Food
  (Reference Stacks: TX370.S63 2006)
  Covers fast food chains, fast food types, junk foods. Gives overview and describes significance and history of products.

- The Food Encyclopedia (Reference Stacks: TX349.R644 2006)
  Definitions and pictures of ingredients, tools, techniques, people.

  Photographic guide to the best-known and most commonly used food plants of the world. Gives characteristics, origin and history, culinary uses and nutritional value.

- Oxford Companion to Food (Reference Stacks: TX349 .D38 1999)
  Information about foods and food topics the world over.

Books on Nutrition and Health:

- Encyclopedia of Junk Food and Fast Food
  (Reference Stacks: TX370.S63 2006)
  Covers fast food chains, fast food types, junk foods. Gives overview and describes significance and history of products.

  Covers all aspects of foods, nutrition, and health.

  Contains brief international nutrition guidelines.

- Modern Nutrition in Health and Disease (Reference Stacks: QP141 .M64 2006)
  Contains brief international nutrition guidelines.
Books on World Cultures:

NOTE: Lupton Library has a number of encyclopedias about specific countries or areas of the world. The librarian at the Reference Desk will help you find books and encyclopedias about your country or area of the world.

  Describes cultural heritage, rites of passage, folklore, family life, etc. by ethnic group.

- *Food Culture around the World.*
  Each discusses topics such as ingredients, cooking, regional foods, eating out, special occasions, diet and health, attitudes toward food, typical meals, etc.

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  Organized by region, then country; covers foods for special occasions, signature dishes, traditional ingredients.

  Describes customs, society, and community for major ethnic groups.

- *Sacred Food: Cooking for Spiritual Nourishment*
  (On Reserve: Check at Circulation Desk) (TX725 .A1 L83 2000)
  Describes the use of foods in significant celebratory moments in various societies around the world; includes recipes.

SELECTED WEBSITES

- Background Notes (includes section for food on each country): [http://www.state.gov/r/pa/ei/bgn](http://www.state.gov/r/pa/ei/bgn)
- Food Reference Website (trivia, poems, recipes, and more): [http://www.foodreference.com/](http://www.foodreference.com/)
- Librarians’ Index to the Internet: [http://lii.org/](http://lii.org/) (Search for Food)
- NIRC Nutrition Information Research Center: [http://nirc.cas.psu.edu/links.cfm?area=351](http://nirc.cas.psu.edu/links.cfm?area=351)
- World Food Habits: [http://lilt.ilstu.edu/rtdirks](http://lilt.ilstu.edu/rtdirks/)

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